

## EXERCISE 1: SAFETY PLAN VS. CASE PLAN

Example:

<b>Safety Item (general title)</b>	<b>Safety Intervention Idea</b>	<b>More Like a Case Plan: DO NOT USE IN A SAFETY PLAN</b>
Sexual abuse	Dad will stay with his friend until investigation is concluded. He will have no contact with [child] in person, by phone, mail, email, text, or third party.	Dad will successfully complete sexual perpetrator therapy.

<b>Safety Item (general title)</b>	<b>Safety Intervention Idea</b>	<b>More Like a Case Plan: DO NOT USE IN A SAFETY PLAN</b>
Unable to protect		
Refuses access/ flee		
Hazardous living conditions		
Caregiver substance use		
Emotional harm		
Supervision: Failure to protect		
Medical: Failure to provide		

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Safety Item (general title)	Safety Intervention Idea	More Like a Case Plan: DO NOT USE IN A SAFETY PLAN
Unable to protect: Maternal grandfather regularly uses inappropriate physical discipline on the children. Mother relies on grandfather for child care every weekday afternoon.		
Refuses access/flee: Father has been observed telling the child that she must be confused about what happened, and urging her to “stop saying that Daddy hurt her or she’ll go to bed without dinner.”		
Hazardous living conditions: The home has no electricity, heat, or running water because parents have been unable to pay their utility bills.		
Caregiver substance use: Mother admits to a history of alcohol abuse, and children (aged 2, 4, and 6) report that she often drinks to the point of passing out in the evenings. There is no secondary caregiver.		
Emotional harm: Father repeatedly blames and punishes daughter for rule breaking by sons. Daughter is withdrawn and shows signs of depression.		
Supervision: Failure to protect: Mother’s boyfriend is in the central registry for previous child maltreatment, and mother routinely leaves him alone with her children.		
Medical: Failure to provide: Father refuses to monitor child’s diabetes because he “doesn’t like needles.”		

## SAFETY PLANNING EXERCISE

### Group 1

Safety threats	Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.
Details	Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Oldest child was present and attempted to intervene, but was not injured. Police were called but did not arrest. There is a history of similar violence between caregivers.
Caregivers	Mother, age 35. Father, age 38. Married five years.
Children	Twelve-year-old male from mother's previous marriage. Four-year-old from current marriage.
Protective capacities	Child has the cognitive, physical, and emotional capacity to participate in safety interventions.  Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.  Caregiver is willing to accept temporary interventions offered by worker and/or other community agencies, including cooperation with continuing investigation/assessment.
Education	High school graduates
Income	Father unemployed, high family debt, unemployment benefits run out next month. Mother does not work. One older car in need of major repair. Live in apartment and behind on rent.
Culture	White, northern European, multigeneration American
Community	Extended family out of state. Suburban neighborhood.
Roles for role play	1. Mother 2. Father (mother was interviewed first and agreed to plan jointly) 3. Twelve-year-old 4. Worker

## SAFETY PLANNING EXERCISE

### Group 2

Safety threats	Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.  Caregiver's current substance abuse seriously impairs his/her ability to supervise, protect, or care for the child.
Details	Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Oldest child was present and attempted to intervene, but was not injured. Police were called but did not arrest. There is a history of similar violence between caregivers. Physical violence most often occurs when father is drinking heavily. He was drunk last night when incident occurred. Mother states he is becoming increasingly violent when he drinks. He has gone after oldest child when drunk, yelling that he's going to beat him silly. Child has been able to run away.
Caregivers	Mother, age 45. Father, age 45. Married 20 years.
Children	Seventeen-year-old male Twelve-year-old male Eight-year-old female, all from current marriage.
Protective capacities	Child has the cognitive, physical, and emotional capacity to participate in safety interventions.  Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.  At least one caregiver in the home is willing and able to take action to protect the child, including asking offending caregiver to leave.
Education	Mother, high school; father, some college.
Income	Both work steadily in lower-paying jobs. Own small home. Two cars in reasonable condition.
Culture	Hispanic (Mexican), second generation.
Community	Extensive extended family in area. Rural. No shelter or DV program within hour's drive.
Roles for role play	1. Worker 2. Mother 3. Seventeen-year-old 4. Maternal grandmother

## SAFETY PLANNING EXERCISE

### Group 3

Safety threats	Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.
Details	Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Child was present and attempted to intervene, but was not injured. Police were called but did not arrest. There is a history of similar violence between caregivers.
Caregivers	Mother, age 25. Mother's live-in boyfriend, age 21. He's lived there one year.
Children	Eight-year-old male; mother had him as teenager; unknown father.
Protective capacities	Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.  Caregiver has the ability to access resources to provide necessary safety interventions.  Caregiver is aware of and committed to meeting the needs of the child.
Education	Mother, GED; boyfriend, high school.
Income	Both have minimum-wage jobs with no benefits. He controls finances. One car; he has keys. She does not have driver's license. Live in rental property in his name only.
Culture	African American, multigeneration.
Community	She has extended family in area, but strained relationships. He has extensive family. Urban, but few resources in immediate neighborhood.
Roles for role play	1. Worker 2. Mother

## SAFETY PLANNING EXERCISE

### Group 4

Safety threats	<p>Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.</p> <p>Caregiver caused serious physical harm to the child or made a plausible threat to cause serious physical harm in the current investigation as indicated by serious injury or abuse to the child other than accidental.</p>
Details	Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Oldest child was present and attempted to intervene. Boyfriend swung fist at mother, missed, and hit child. Child suffered a broken nose. Police were called and boyfriend was arrested and bailed out. There is a history of similar violence between caregivers.
Caregivers	<p>Mother, age 28.</p> <p>Mother's boyfriend; does not live in the home, but stays over many nights.</p>
Children	<p>Nine-year-old male from previous relationship. Father is out of state.</p> <p>Two-year-old female from current relationship.</p>
Protective capacities	<p>Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.</p> <p>Caregiver is willing to accept temporary interventions offered by worker and/or other community agencies, including cooperation with continuing investigation/assessment.</p> <p>Caregiver is aware of and committed to meeting the needs of the child.</p>
Education	Both dropped out of high school; no GED.
Income	She is on CalWORKs. Has already been sanctioned once. No car.
Culture	Native American
Community	Close connections with extended family and tribe. Outskirts of urban area. Numerous community organizations in area.
Roles for role play	<ol style="list-style-type: none"> <li>1. Worker</li> <li>2. Mother</li> <li>3. Tribal elder (whom mother called)</li> <li>4. Maternal aunt (mother is very close to her)</li> </ol>

## SAFETY PLANNING EXERCISE

### Group 5

Safety threats	Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.
Details	Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Oldest child was present and attempted to intervene but was not injured. Police were called but did not arrest. There is a history of similar violence between caregivers.
Caregivers	Mother, age 31.  Father, age 38, has lived in apartment for past two months. They are separated, pondering divorce, but have not filed papers. He comes over two nights a week to visit children and they go to spend weekends with him.
Children	Ten-year-old male Eight-year-old female, both from this marriage.
Protective capacities	Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.  Caregiver has the ability to access resources to provide necessary safety interventions.  At least one caregiver in the home is willing and able to take action to protect the child, including asking the offending caregiver to leave.
Education	Both college graduates
Income	Middle income from father's employment. Live in own modest home. One car.
Culture	White
Community	Rural; home is distant from any community. He has some family in state; hers are all out of state.
Roles for role play	1. Worker 2. Mother 3. Father (she was interviewed separately first and agreed to plan jointly)

## SAFETY PLANNING EXERCISE

### Group 6

Safety threats	Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.  Caregiver fails to protect the child from serious harm or threatened harm by others.
Details	Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Oldest child was present and attempted to intervene, but was not injured. There is a history of similar violence between caregivers. Both mother and father are violent toward each other and children are often present. Neither caregiver calls the police. Police were not there last night, but a neighbor called CPS. Mother, interviewed separately, was angry at neighbor for getting CPS involved: "This is just how we work out our differences."
Caregivers	Mother, age 28. Father, age 31. Not married, but live together.
Children	Ten-year-old male Five-year-old female One-year-old female, all from this relationship.
Protective capacities	Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.  There is evidence of a healthy relationship between caregiver and child.  Caregiver has a history of effective problem solving.
Education	Both high school graduates
Income	Both work and have living wages. He has a car in his name. She uses bus. Live in rental in both names.
Culture	Mother, White; Father, African American.
Community	Urban, many resources, some extended family nearby.
Roles for role play	1. Worker 2. Mother 3. Maternal grandmother 4. Maternal grandfather

## SAFETY PLANNING EXERCISE

### Group 7

Safety threats	Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.
Details	Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Child was present and attempted to intervene, but was not injured. Police were called but did not arrest. There is a history of similar violence between caregivers.
Caregivers	Birth mother, age 31.  Mother's female partner, age 25. No marriage or domestic partnership. Have lived together three years.
Children	Nine-year-old male born to single mother (insemination).
Protective capacities	Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.  Caregiver has supportive relationships with one or more persons who may be willing to participate in safety planning AND caregiver is willing and able to accept their assistance.
Education	Mother, college graduate; partner, some college.
Income	Mother makes average wage and owns home they live in (in her name only). Partner is unemployed and lives on mother's wages.
Culture	Mother, Latina; partner, White.
Community	Mother has close family members and friends. Partner is independent and has lost contact with family and has few friends. There is a DV program in area.
Roles for role play	1. Worker 2. Mother 3. Partner (mother agreed after being interviewed privately)

## SAFETY PLANNING EXERCISE

### Group 8

Safety threats	<p>Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.</p> <p>Caregiver's emotional stability, developmental status, or cognitive deficiency seriously impairs his/her current ability to supervise, protect, or care for the child.</p>
Details	<p>Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Oldest child was present and attempted to intervene, but was not injured. Police were called but did not arrest. There is a history of similar violence between caregivers.</p> <p>Father gets very paranoid about mother's behavior and thinks she is part of a conspiracy against the government. Fights often emerge from this delusional thinking. He is diagnosed with schizophrenia and does well on meds, but has not been taking them lately.</p>
Caregivers	<p>Mother, age 35. Father, age 36. Married 15 years.</p>
Children	<p>Fifteen-year-old male Thirteen-year-old female, both from this marriage.</p>
Protective capacities	<p>Child has the cognitive, physical, and emotional capacity to participate in safety interventions.</p> <p>Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.</p> <p>Caregiver has supportive relationships with one or more persons who may be willing to participate in safety planning AND caregiver is willing and able to accept their assistance.</p>
Education	<p>Mother, high school; father, college graduate.</p>
Income	<p>Father on SSI-D. Mother works part-time at minimum wage. Uses medical to insure children. One car that is in reasonable condition.</p>
Culture	<p>White, second-generation Eastern European.</p>
Community	<p>Urban; many resources nearby, but he resists using help. She has supportive extended family, but has lost touch with friends.</p>
Roles for role play	<ol style="list-style-type: none"> <li>1. Worker</li> <li>2. Mother</li> <li>3. Fifteen-year-old</li> <li>4. Paternal uncle (at mother's request)</li> </ol>

## SAFETY PLANNING EXERCISE

### Group 9

	Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.
Details	Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Oldest child was present and attempted to intervene, but was not injured. Police were called but did not arrest. There is a history of similar violence between caregivers.
Caregivers	Mother, age 38. Father, age 58. Married three years. Arranged marriage.
Children	Twenty-year-old male from mother's previous marriage. Father is in town. Two-year-old male from current marriage.
Protective capacities	Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.  At least one caregiver in the home is willing and able to take action to protect the child, including asking the offending caregiver to leave.
Education	Mother, master's degree; father, high school.
Income	Mother brought sizable savings and inheritance into relationship. She previously held good-paying job but now stays home with child. Father is in sales on commission so can have some high-income months, and others with next to nothing. Live in good-sized home she owned outright prior to marriage (inheritance). Drive one new, high-end car in both names.
Culture	Pakistani
Community	Nice suburb. Very involved extended family on both sides. Many resources in area, but they are reluctant to use non-Pakistani resources.
Roles for role play	1. Worker 2. Mother 3. Twenty-year-old son

## SAFETY PLANNING EXERCISE

### Group 10

Safety threats	<p>Domestic violence exists in the home and poses an imminent danger of serious physical and/or emotional harm to the child.</p> <p>The physical living conditions are hazardous and immediately threatening to the health and/or safety of the child.</p>
Details	<p>Altercation between caregivers last night resulted in mother having facial bruising and a sprained wrist. Oldest child was present and attempted to intervene, but was not injured. Police were called but did not arrest. There is a history of similar violence between caregivers. Fight began when father felt mother was nagging him. Mother states she was just trying to get him to finish the remodeling project he started four months ago. He is replacing the stairway to the lower level, and at this point, there is just a gaping hole in the floor with a drop of eight feet. There are power tools sitting in the area and loose nails, nuts, and bolts scattered on the floor.</p>
Caregivers	<p>Mother, age 27.            Father, age 31. Married six years.</p>
Children	<p>Nine-year-old female from father's previous marriage. Mother is deceased.            Seven-year-old male            Eighteen-month-old female, both from current relationship (7-year-old born prior to marriage).</p>
Protective capacities	<p>Caregiver has the cognitive, physical, and emotional capacity to participate in safety interventions.</p> <p>At least one caregiver in the home is willing and able to take action to protect the child, including asking the offending caregiver to leave.</p>
Education	Both high school graduates
Income	He brings home average wage. She does not work. Bought "fixer-upper" house right before market crashed. Planned to use equity to remodel, but now there is no equity. One pickup truck in reasonable repair.
Culture	White, very religious
Community	Edge of blighted neighborhood. Several community organizations in area, but all are struggling and have few resources themselves. She has some friends but family is out of area. He has some extended family.
Roles for role play	<ol style="list-style-type: none"> <li>1. Mother</li> <li>2. Worker</li> </ol>